

## **January 2024 u3a Newsletter.**

I hope you have all had a merry Christmas and I'd like to wish you all a very Happy New Year. This is my first Newsletter and diary. Many thanks to Maureen Johnson and Pat Baxter for helping me with the transition process and their past hard work in producing it each month.

**Our u3a kicked off Christmas celebrations** with our Christmas do at the Welfare on the 2<sup>nd</sup> of December. After a very chilly start both outside and inside we soon got warmed up with a few drinks, a good supper and then some dancing to the live band Jones and Junior an excellent father and son team. Many thanks to Maureen Johnson for organising the event ably assisted by Pat Baxter.

**Maureen says' Many thanks to all those who supported the Christmas Party. Despite the issues with the heating, I do hope you enjoyed the evening. '**

**Only 3 days later we were celebrating again.** This time the Cotgrave and District u3a 10-year birthday celebrations. This was held in the lounge at the Welfare on the morning of the 5th of December and this time it was a lot warmer. Fizz and cake were served followed by tea and coffee later on. The turnout was wonderful with more than a 100 people attending. 'Nobody will want to drink fizz at 11am in the morning' they said. Well, apparently, they did because we got through 14 bottles of Prosecco. Consequently, it was a very happy morning. The art group and knit and natter group displayed their art in different mediums. Past editions of the keeping in touch newsletter were available which was the brainchild of John Orton the main contributor and editor and John Haskell the publisher. We all looked forward to it landing in our inbox every Friday morning during the pandemic. Everybody contributed and the very last edition, which was a whole year after the first, was about three times thicker than the very early ones. We have some extremely creative people in our u3a.

**Paul Childs was in charge** of proceedings followed by Barbara Bullin our retiring honorary president who welcomed us all and then Peter Binder with his recollections of the early years of our u3a. It makes us all realise that we are continuing to build and develop something that started in a small way 10 years ago. Some of the people involved are no longer with us. It's up to us all to partake fully, contribute and not just be passive bystanders and develop further by remaining enthusiastic and sharing our own skills. It is our u3a and it belongs to all of us.

**After a short break** we had a demonstration from our line dancers, not easy in the restricted space but great fun and I was amazed by the singing group and their song 'South Australia'. Next up was a tongue in cheek sketch about the benefits of the u3a by the Creative Writing Group. We hoped you enjoyed watching it as much as we all enjoyed creating it, we certainly had fun.

**Unfortunately, our president Peter Shreyhane and Christine couldn't be with us for either of the above events.**

**The open meeting on the 12<sup>th</sup>** of December was well attended. The speaker was Alastair Little with Bah Humbug which took a look at the origins of 'A Christmas Carol' by Charles Dickens and an insight into his life accompanied by readings of key chapters and ended by us all singing God rest ye Merry Gentlemen which suitably got us even more into the Christmas spirit. Many thanks to Elsie Warby for organising our monthly speakers.

**Booking a holiday with Riviera travel?**

Riviera travel have an affinity scheme. Under this scheme if at the time of booking you mention our u3a, Riviera travel will make a donation equal to 9% of the basic cost of your holiday, so please mention that you are a member of Cotgrave u3a and Riviera Travel will make a donation to our funds. They are unable to give this money to an individual person. We have recently received a donation of £410 thanks to two of our members who have done just that.

**From the theatre group** 'On the 9th of December, the theatre group went to see 'The Importance of Being Ernest' at the Lace Market Theatre. Considering the actors were all amateurs they produced a very entertaining and enjoyable performance. We all enjoyed the performance and are looking forward to our next visit there in January to see Shakers. '

**Line Dancing**

Subscriptions of £6 for the quarter will become due at the first session on 4<sup>th</sup> January.

**Yoga**

The Tuesday yoga class will now be £8 per session and the first session will be Tuesday 16<sup>th</sup> January.

**Broadway cinema silver screen**

Broadway cinema silver screen showings for January at £5 pp are as follows.

Performances are 10.15 and 1.15

Thursday 4<sup>th</sup> January. **One Life.**

Thursday 11<sup>th</sup> January **Priscilla.**

Thursday 18<sup>th</sup> January **Poor things.**

Thursday 25<sup>th</sup> January **The Holdovers.**

Day	Date	Time	Group	Venue	Group Leader
Mon	1st				
Tues	2nd				
Wed	3rd	10.00	Art	Welfare	Ann Berry
		10.00	Snooker and Darts	Welfare	Michael O'Connor
Thurs	4th	09-15	Tai chi	Welfare	Liz Manning
		11.00	Line dancing	Methodist church	Sue Hillyard
		14.00 - 15.30	Badminton	Leisure Centre	Clive Watterson
		14.00	O.T.T.	7 Fox Hill	Pat Baxter
		15.30	Spanish	Manvers snug	Maureen Burrell
Frid	5th	10.00	Canasta	Manvers	Peter Binder
		12.30	Real Ale	Poppy and Pint	Chris Soar
Mon	8th	10.00	Bridge	Manvers	June Odell
		15.00	History	Welfare	Michael O'Connor
Tues	9th	09-30	Open meeting	Welfare	Peter Shreyhane
		14.00	Chess	Manvers	Bernie Besnard
		15.00	Genealogy	Library	Peter Shreyhane
Wed	10th	10.00	Art	Welfare	Ann Berry
		14.00	Card and board games 2	Leaders home	Sue Hillyard
		14.00	Singing for fun	Scout hut	Sue Childs/ Mic Robblins
Thurs	11th	09.15	Tai Chi	Welfare	Liz Manning
		14.00	Table tennis	Leisure Centre	Paul Childs
			Card and board games 1	Group leader's home	Sue Hillyard
Frid	12th	10.00	Canasta	Manvers	Peter Binder
			Strollers Walk	TBC	Peter Shreyhane
Mon	15th	10.00	Bridge	Manvers	June Odell
		14.00	Book club 2	Library	Heather Whatnall
Tues	16th		Lunch Group	Rancliffe Arms Bunny	John Haskell
		10.00	Yoga	Welfare	Carol Harriss
		14.00	Chess	Manvers	Bernie Besnaud
Wed	17th	10.00	Art	Welfare	Ann Berry
		10.00	Creative Writing	Member's home	Chris Tomblin
		10.00	Snooker	Welfare	Michael O'Connor
Thurs	18th	09.15	Tai chi	Welfare	Liz Manning
		11.00	Line dancing	Methodist church	Sue Hillyard
		14.00	Science and Technology	Methodist hall	Jim Benn

		14.00-15.30	Badminton	Leisure Centre	Clive Watterson
		15.30	Spanish	Manvers snug	Maureen Burrell
Frid	19th	09.30	Committee meeting	Welfare	Peter Shreyhane
			Canasta	Manvers	Peter Binder
			Real ale	Poppy and Pint	Chris Soar
Mon	22nd	10.00	Bridge	Manvers	June Odell
		14.00	Art history and Appreciation	1 Morkinshire Lane	Carole Pimblett (TBC)
Tues	23rd		Lunch group	Rancliffe Arms Bunny	John Haskell
		10.00	Yoga	Welfare	Carol Harriss
		14.00	Chess	Manvers	Bernie Besnaud
		14.00	Book group 2	Library	Sue Childs
Wed	24th	10.00	Coffee and chat	Manvers	Barbara Bullen
		10.00	Art	Manvers	Ann Berry
		14.45	French	Group Leaders home	Yvonne Harriss
Thurs	25th	09.15	Tai Chi	Welfare	Liz Manning
		19.00	Card and board games 1	Leader's home	Sue Hillyard
		14.00	Table tennis	Leisure centre	Paul Childs
Frid	26th	10.00	Canasta	Manvers	Peter Binder
		10.00	Walkers	TBC	Peter Shreyhane
		19.30	Wine appreciation	Manvers	Maureen Johnson
Mon	29th	10.00	Bridge	Manvers	June Odell
Tues	30th	10.00	Yoga	Manvers	Carol Harriss
		14.00	Chess	Manvers	Bernie Besnaud
Wed	31st	10.00	Art	Welfare	Ann Berry